# Healthy by Nature

# CHMUNITY COMP

# Media Kit





# **About Community Health Stores**

Community Health Stores is a group of independent, natural health stores located throughout New Zealand. They have a vision to offer the very best natural health experience in New Zealand.

To be healthy and well, it is beneficial to eat well and take the right supplements. We work with you to find the best product for your needs without it costing the earth. Natural health products are found everywhere, from retail stores, in your supermarket, and online.

By visiting our stores, you'll have the advice and up to 30 years' experience of our professional natural health retailers including trained naturopaths, nutrition experts, qualified nurses, herbalists, beauty therapists, massage therapists and much more.

### **Publication** information

FREQUENCY: Quarterly

**DISTRIBUTION:** 22,000 copies distributed nationwide

through Community Health Stores.

SIZE: A4, 24 page publication

### Publication dates

#### ISSUE 8 – AUTUMN 2020

Advertising booking deadline: 15 January 2020

Material deadline: 31 January 2020

Publication date: 4 March 2020

#### ISSUE 9 – WINTER 2020

Advertising booking deadline: 13 April 2020

Material deadline: 24 April 2020 Publication date: 1 June 2020

#### **ISSUE 10 – SPRING 2020**

Advertising booking deadline: 17 July 2020

Material deadline: 24 July 2020 Publication date: 31 August 2020

#### **ISSUE 11 – SUMMER 2021**

Advertising booking deadline: 16 October 2020

Material deadline: 23 October 2020 Publication date: 30 November 2020

# Healthy by Nature magazine

Healthy by Nature is a quarterly magazine dedicated to educating and informing kiwis about good health and is brought to you by the Community Health Stores (CHS) team.

#### **EACH ISSUE IS FILLED WITH:**

- · Expert health advice
- Topical and seasonal health-related articles
- Healthy, natural recipes
- Information on quality health products
- Community related pieces
- Real customer testimonials and stories

#### **VIEW ONLINE**





Half Page Advert Example

Promotional Page Example



Promotional Double Page Example



## **Advertising rates**

INSIDE FRONT COVER **\$2,500** (excl GST) INSIDE BACK COVER \$2,300 (excl GST) DOUBLE PAGE SPREAD **\$3,000** (excl GST) **FULL PAGE \$2,100** (excl GST) OUTSIDE BACK COVER **\$2,750** (excl GST) 1/2 PAGE HORIZONTAL **\$1,500** (excl GST) 1/3 PAGE VERTICAL **\$1,200** (excl GST) 1/4 PAGE HORIZONTAL **\$850** (excl GST)

Multiple insertions: Receive 5% discount off rate card for booking two editions consecutively and 10% off rate card for booking four editions consecutively.

**BOOK NOW** 

# **Promotional pages**



Any full page or double page promotional content will be designed on your behalf to the house promotion style.

#### We will require from you:

- Approximately 250-400 words of copy. Include a headline
  if you have one and a short sentence (USPs) to be used in
  the circle as break out copy.
- A high resolution clearcut image of your product.
- A high resolution lifestyle image related to your product.
- Any TAPS approval number (if you have this).
- Any mandatories that need to go with the copy.

#### Contact us

If you are interested in advertising or finding out more, contact:

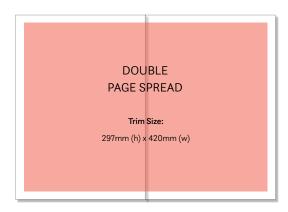
**Derek Hill,** 0274 541 815, derek@tonichealth.co.nz or **Tessa Carpenter**, 027 334 5391, tessa@tonichealth.co.nz

Or for any advertising material queries, contact:

Kirsten Ogden, 022 183 1135, editor@communityhealthstores.co.nz

# Print Advertising sizes & specifications

All artwork to be supplied as high res print PDFs with 3mm bleed. Artwork to be emailed or sent via file transfer to editor@communityhealthstores.co.nz



FULL PAGE Trim Size: 297mm (h) x 210mm (w) OUTSIDE BACK COVER Trim Size: 297mm (h) x 210mm (w)

1/2 PAGE
HORIZONTAL
Trim Size:
138mm (h) x 210mm (w)

1/3 PAGE VERTICAL Trim Size: 297mm (h) x 70mm (w)

1/4 PAGE HORIZONTAL Trim Size: 77mm (h) x 210mm (w)